#MeTooAcademia
Now what?!

This flyer was part of the EGSH event
#MeTooAcademia: The Learning Curve
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The confidential counsellor is an important point of contact for employees, students, contract partners and visitors of Erasmus University Rotterdam (EUR) who have been affected by undesirable behaviour, such as sexual harassment, but also bullying, discrimination, aggression or violence.

You can always speak to them in confidence. First, they will lend a listening ear. Wherever possible, they can advise on a structural solution.

What is sexual harassment?
Sexual harassment occurs when a person is the object of another person’s unwelcome attention or conduct and experiences this as sexually suggestive. Attention of this nature may be verbal (remarks, insinuations), non-verbal (staring, making certain gestures), or physical (touching).

You can search for inappropriate behaviour or sexual harassment in myeur.nl/en for more information.

Confidential counsellors

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What to do

Speak to the perpetrator. For example: “I feel uncomfortable when you make comments about …”

Do not think that you are the cause of the problem or that you are being prudish or childish.

Seek the support of a colleague and run your ideas past an outsider.

Write down in details what has happened and ask the confidential counsellor to start an official complaint procedure.

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Involving your manager if you expect a power struggle.

Involving the confidential counsellor if you need advice and coaching.